

FREE

Vol. 24

Issue 23/13

Fri 14th June - Thurs 20th June 2013



KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com



HAMLETS
OF KINSALE

Open from 12pm 7 days a week

New Look & New Menu



- Full Lunch and Evening Menu served until 10pm
- The Perfect Venue for all Events
- Special Occasions - Christenings - Anniversaries
- Parties - BBQs - Work Events - Social Evenings - Girlie Weekends
- Informal Weddings - Next Day Wedding Celebrations
- All your parties catered for from 5 to 500 people

Private party room and outdoor deck areas

Experience your special day with Hamlets Café Bar Kinsale.

For more details please contact info@hamletsofkinsale.com or 021-4772209

www.hamletsofkinsale.com | The Glen, Kinsale, Co Cork

THE
ARMADA
BAR & GUESTHOUSE

Pearse Street, Kinsale Tel: 021 477 2255

Saturday 15th June - 9pm:

FREE BEER

Sunday 16th June - 9pm:

DAN THE MAN

Tuesday 18th June - 9pm:

**TRAD SESSION with
THE MERRY STEMS**

Wednesday 19th June - 9pm:

**TRAD SESSION with
THE MERRY STEMS**

Kitchen Open 7 Days

Serving Traditional Irish Food

The
Speckled Door

Old Head, Kinsale.

T: 021 477 8243 www.speckleddoor.com

*Spectacular Views of Kinsale Harbour
from bar, restaurant, patio & beer garden!*



10 minutes drive from Kinsale

Ample Parking & Wheelchair Facilities

Food Served 7 Days

12.30pm - 8.30pm

*~ Full Menu served all day ~
Also Kid's Menu & Selection of Sandwiches*

**Fasttrack
Broadband**
Providing High speed
broadband in your area!

- Bandon
- Ballinadee
- Ballinspittle
- Old Head
- Dunderrow
- Kinsale
- Belgooly
- Riverstick
- Ballygarvan

No Phone line needed - No line rental
Local Company with a local support team
Packages starting from €23.50 per month

Contact Tristan on:

087 1211809

Ballinadee, Bandon, Co. Cork

email: info@fasttrackbroadband.ie

web: www.fasttrackbroadband.ie

Jim Edwards
BAR & RESTAURANT

*Food Available
All Day
from 12pm*

- ~ Bar & Restaurant Menus Available
- ~ Lite Bite Menu
- ~ Special Value Menu
2 Courses: €20
3 Courses: €25
- ~ Lunch Menu
& Daily Specials
- ~ Sunday Lunch
€23.90 (4 Course)



Tel: 021 477 2541

www.jimewardskinsale.com

Gift Vouchers Available

Excellent Ensuite Accommodation



Kinsale Pilates & Barre

New Summer Classes

Intense Pilates Matwork (60mins)

Pure Pilates designed for the Intermediate to Advanced.

Teen Pilates (60mins)

A fun and feel good class designed with the teen in mind. Set to the latest club tunes mixing traditional and dance-based 'Barre' Pilates. Improve balance, tone and posture. Feel good. Look great!

Beginner Beginner Pilates

(60mins...Starting 22nd July)

Designed for the Pilates Novice...get in touch with your 'Core' and learn the basic Pilates techniques; it could be the start of a lifelong affair!

Barre Sculpt (60mins)

Set to high energy music, this unique Barre workout incorporates the precision of Pilates, with the positions, moves and techniques of ballet, the alignment of Yoga and strength from Sports Conditioning.

This 60 minute workout will tone the thighs, lift the behind, sculpt your arms, flatten your abs & burn fat.

Total Body Sculpt & Tone (60mins)

Abs, Butt, Arms & Legs...nothing is left untouched. This Pilates matwork based class utilises the Mini Flex Ball, Small Weights, Resistance Rings and Flex Bands to create a strong core and long lean muscle from head to toe.

Rock Your Abs!

A 30 minute focused, Intensive Abdominal Core Strengthening Class designed to define, sculpt & strengthen....not for the faint hearted!

50+ Pilates (60mins)

A class designed for the more mature body... focused on enhancing flexibility and tone.

Private or Buddy Session

(subject to availability)

MONDAY

10am Intense Pilates Matwork
11.15am Teen Pilates
12.30pm Beginner Beginner Pilates
8pm Barre Sculpt

TUESDAY

7.15pm Total Body Sculpt & Tone
8.30pm Rock your Abs!

WEDNESDAY

10am Barre Sculpt
11.15am Private or Buddy Session

THURSDAY

10am Private or Buddy Session
11.15am 50+ Pilates
8pm Barre Sculpt

All Courses are For 6 weeks or Pay as you Go Options

Phone/Text Trudy on 087 6106 285



Like us on Facebook for your chance to win

All classes are now held in Rogue Fitness Studio, The Granary, Kinsale.



www.twitter.com/kinsalenews



www.facebook.com/KinsaleNews



Happy Birthday to ME



20% off in store
Saturday 15th June
Celebrating our
second birthday in
Kinsale

ME Jewellery, Short Quay, Kinsale 021-4774474 www.maryenright.com www.facebook.com/MaryTheGoldsmith

WINNER ON
DRAGONS'
DEN

Starcamp

The Summer
Camp that will
make a difference
to your child!

1 CHILD FROM EACH
CAMP WILL GET TO SING
ON A CHARITY SINGLE!

Full details at
www.starcamp.ie

IRELAND'S LEADING CHILDREN'S PERFORMING NETWORK

**Kinsale Community
School:**

15th - 19th July,
9.30am - 2.30pm

6th - 10th August,
9.30am - 2.30pm

For ALL boys and girls aged
5 - 13 (4 if attending school)
Qualified Music Teachers,
Choreographers and
Drama Coaches
A FRIDAY FINALE SHOW FOR
ALL TO COME AND SEE.

€90 PER CHILD

€150 FOR 2 SIBLINGS

€200 FOR 3 SIBLINGS



Now also catering for STARCAMP PARTIES

- VIP Red Carpet Event! • Pyjama Drama
- Disco Diva • Rockstar • The Royal Ballet
- Wild West Showdown

CALL 021 4377900 EMAIL: INFO@STARCAMP.IE
BOOK ONLINE AT WWW.STARCAMP.IE

Kinsale Golf Club

Farrangalway, Kinsale

Sunday Lunch
*served for
members and guests*

4 Course Lunch
€19.45

Please call
for reservations
021 477 4722
ext 3

Ena's Hair Salon

Ballinspittle, Co. Cork. 021-4778776

SPECIAL OFFERS

€10 Blow Dry: Tues/Wed Only

Lisse Design Progressive Smoothing Treatment

with Keratin based technique

Velvety, glossy, tangle-free hair

Lasting results (3 months)

Eliminates frizz

Paraben-free

Salt and Sulphate-free

Maintenance products

100% Safe - Conforms to EU and International standards

INTRODUCTORY OFFER

€60 (for 4 weeks)

Treatment only

€150 (for 3 months)

Includes home products

Specialising in



COLOUR HERBE
Permanent Hair Colour

Open Tuesday - Thursday: 9am - 6pm

& Saturday: 9am - 5pm

Late Opening Friday: 9am - 7pm



www.twitter.com/kinsalenevs



www.facebook.com/KinsaleNews



Bulman Bar & Toddies Restaurant

SUMMERCOVE, KINSALE

LIVE MUSIC
Saturday 15th June
Karma Parking 10.15pm
Sunday 16th June
Vinnie's TV 6.15pm

~ Bar Food Served ~
Monday to Sunday: 12.30pm-5pm
~ Restaurant ~
Tuesday to Sunday: 6pm-9pm

Sunday Nights
CLUB ON THE ROCKS
in the Restaurant
With Billy Crosbie at 8pm
Book your table to avoid disappointment.
Bar food menu served in the Restaurant.

T: 021 477 2131 www.thebulman.ie

Joy's Massage of Kinsale

7 Pearse Street, Kinsale (Next To AIB Bank)

Get Ready for Summer...

Thai Massage ~ Reflexology Deep Tissue
Massage ~ Facial Firming ~ Hot Stone
Massage ~ Sports Injuries ~ Head
Massage ~ General Well Being

T: 021 470 0985
M: 086 368 3968

*Also: Church Yard Lane, Well Road, Douglas, Cork.
T: 021 493 6732 / M: 086 041 6338

The Huntsman

Bar & Restaurant, Belgooly

Tel: 021 477 0666

www.thehuntsmanbelgooly.com



Delicious Home Cooked Food
Served Daily 12.30pm-8.30pm,
7 Days A Week
Set Menu Friday & Saturday,
6.30pm - 9.00pm
2 Courses: €20 3 Courses: €25

All Day Breakfast every Saturday until 6.30pm
Private Parties catered for

SPECIAL FATHER'S DAY LUNCH
4 Courses €22.95



Ho Kee Asian Fusion

Chinese Restaurant and Takeaway
Main Street • Jnnishannon
T: 021 477 6111

EARLY BIRD €19.90

(Monday to Saturday, 5pm to 7.30pm)
3 Course Meal or

Two Courses with a Glass of House Wine

WEEK NIGHT MADNESS MENU

(Monday & Wednesday)
2 Starters, 2 Mains & 2 Minerals Only €28.90!!

Weekly Takeaway and Sit Down Restaurant Deals

OPEN 6 NIGHTS A WEEK 5pm- 11pm (Closed Tuesdays)

Find us on Facebook 



The Folk House

Music Venue Guardwell - T: 021 4772382
www.folkhousevenue.com

CHECK OUT OUR... WORLD BEERS MENU

Unrivalled selection inc: Fuller's Honey Dew Lager, O'Hara's IPA, Old Speckled Hen, Hobbogoblin Ale, London's Pride Ale.
NEW ON TAP: Proper Job IPA, Tribute, O'Hara's Red Ale, Stowford Press Westons Cider, Metal Man Cask Ale, 8° Howling Gale, Abbot Ale, Carrig Irish Craft Lager



...ALSO
UNRIVALED
WHISKEY
SELECTION!



NEW GIN MENU
AVAILABLE
Over 25 to
choose from!

FRI 14th JUNE LIVE VIBE 10.30pm
3 piece Rock Covers

SAT 15th JUNE i-FUNK 10.00pm
5 piece Fun Funk Soul Rock Covers

SUN 16th JUNE KING K 9.00pm
5 piece Folk/Rock/Contemporary Covers

THUR 20th JUNE BLUEJAYS 9.30pm
5 piece 70s Funk meets Blues & Jazz

FRI 21st JUNE AFTERHOURS 10.30pm
3 piece Classic Rock Guitar-based Covers

ALL PARTIES
CATERED
FOR
IN THE
GREEN ROOM
FROM 3 TO 300

ALL SPORTS
SHOWN
ON 2
BIG SCREENS

Bacchus-Nightclub

FRI 14th JUNE - DJ GARIAN
All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

SAT 15th JUNE - DJ SEAN
90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

THURS 20th JUNE - DJ MARK
All the Old & New Classics. Doors 11:30pm - Free b4 12:30am





QUEST 
KIDS BIBLE CLUB



**NEW GAMES!
NEW ACTIVITIES!
CRAFTS, STORIES & FUN!
BOUNCY CASTLE!
FACE PAINTING!**

**Keep the Dates : Tue 18th, Wed 19th &
Thur 20th June
2:30 to 4:00pm**

Separate Groups:
✓ Sr Infants to 2nd Class
✓ 3rd to 6th Class

St. Multose Hall

Total Cost for 3 days:
✓ 1st Child €6.00
✓ 2 Children in Family €10.00
✓ 3+ Children in Family €12.00



**SPECIAL BBQ
FOR PARENTS ON
20TH 3:30 - 4:30pm**

RSVP Heather & Craig 087 4174201
Parental consent form to be signed on 1st day
www.KinsaleABC.ie

The Tempo Café
The Temperance Hall, Kinsale
Wed 19th June 9-11pm

Live Music
Refreshments Available



Free Entry Over 15s More Info: kinsaleabc.ie



Award Winning Nursing Home
HAVEN BAY CARE CENTRE

KINSALE

is now recruiting

Staff Nurses

Health Care Assistants

Housekeeping

Full-Time and Part-Time Hours Available

Send CV to: hr@havenbay.ie

or

HR Department, Haven Bay Care Centre, Ballinacubby, Kinsale, Co. Cork

The only full service Salon in Kinsale
**Kinsale Massage, Beauty,
Hair & Nail Salon** *By Anika
& Sandra*

Pearse Street Kinsale (above Eurospar)

Tel: 087 783 9626 www.kinsalebeautysalon.com

Gift Vouchers available • Salon open Monday to Saturday

SUMMER SPECIALS!!!

- With **EVERY** facial booked get a **FREE** Eyelash Tint and Eyebrow Tint & Shape
- 60 minute Massage & 60 minute Facial **only €80**
- With every €120 spent in one visit in our Salon receive a **FREE** Deep Conditioning Treatment & Blow Dry
- **FREE** Blow Dry with every Mesostyle Facial

Book early to avoid disappointment!!

Back/Neck/Shoulder Massage
(30mins) Only €20

Multi-Vit Full Body Massage
(60mins) Only €40

Swedish Massage (60mins) Only €40

Deep Tissue Massage
(60mins) Only €40

Sports Massage (60mins) Only €40

Golfer's Massage (60mins) Only €50

Benefits of massage include:

- 30% More Energy • De-Stress & Relax
- Lowers Blood Pressure • Improves Concentration



INTENSIFIT TRAINER

Only €5 per session

THERMO A CUPRESSURE

MASSAGE BED Only €20 per 40min session

Hair by Erika

- Experience our new Matrix colour
- **AMMONIA-FREE** with NATURAL Jojoba oils leaving hair ultra shiny & conditioned!
- Now available: **MOROCCAN OIL**
- giving your hair long-term moisture and strength
- Also from **MOROCCAN OIL**
- enjoy a clarifying shampoo and conditioning treatment removing build-up on your scalp, ask in salon for more details.

*Phone the salon or Erika directly on 087 2135404
Late appointments on Thursday & Friday - by appointment only*

TIGI
HAIRCARE

MOROCCAN OIL

MATRIX

ALFAPARF
MILANO

L'ORÉAL
PARIS



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Sáile
KINSALE
SPORTS & COMMUNITY
CENTRE

SUMMER FUN

Pitch Rates:

€20 before 5pm / €40 after 5pm
Tennis & Basketball Court
€10 per hour



Summer Activity Camp

Mon 22nd - Fri 26th July

9.30am - 3.30pm

Age: 5 - 13yrs

Cost: 1st Child €75,
2nd Child €70, 3rd Child €50

Booking Available Online:
www.just4funkidscamp.com



**Why not take the hassle out
of Birthday Parties?
Sáile has the ideal Party Venue!**

Tel: 021 4773929
bookings@saillesportsandleisure.ie
www.saillesportsandleisure.ie

The Spaniard

SCILLY, KINSALE

Tel: 477 2436 | www.thespaniard.ie

~ *Live Music* ~

Friday 14th June

Jug A Punch, 10.00pm

Saturday 15th June

For Folk Sake, 10.00pm

Sunday 16th June

Trilogy, 6.00pm-8.00pm

Monday 17th June

Trad Session, 9.30pm

Wednesday 19th June

Easy Folk with **Joe**, 9.30pm

◆ **Bar Food Served** ◆
All Day Every Day

◆ **Restaurant** ◆
Open Nightly from 6pm

◆ **Private Parties** ◆
Catered For

Call 021 4772436 for details.



FATHER'S DAY - SUN 16th JUNE

Treat your Dad to something special this Father's Day with...



ENJOY A MEAL @ The Blue Haven
or Hamlets Café Bar

TAPAS @ Aperitif, Café, Tapas & Wine Bar

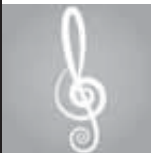
LUNCH @ The Blue Haven Café

Blue Haven GIFT VOUCHER
www.bluehavenstore.com

FATHER'S DAY HAMPERS
from Old Bank Town House

For more details on these
Special Offers & Packages for your Dad
on Father's Day call 021-4772209

www.bluehavencollection.com



T: 021 477 2847
www.crackpots.ie

Restaurant & Wine Bar
Open from 6.00pm

NOW OPEN 7 NIGHTS

**PIANO NIGHT
NOW ON THURSDAYS & FRIDAYS**

Eat as much or as little as you like!

Irish show nights coming soon!

And don't forget we have plenty of Wines and Beers



enibas
Jewellery and accessories

We all know someone with a heart of gold...
sometimes it's good to remind them that
they are appreciated.

Silver, 18k gold heart
"Heart of Gold" necklace €114
large studs €111
small studs €95

designed by Alan Ardill,
Dublin

shop online at www.enibas.com

OPEN 7 DAYS A WEEK
Mon - Sat 10am - 6pm, Sun 2pm - 6pm

MAIN STREET, KINSALE
Tel: 0214777022 (opposite Kinsale Bookshop)



KINSALE PEACE PROJECT

It is with regret to announce that
Dervla Murphy's Evening Talk
scheduled for 16th June
is **POSTPONED** until further
notice, due to circumstances
beyond our control.

We wish Dervla the best of luck in her recovery.



Over the Rainbow

PRE-SCHOOL
TISAXON, KINSALE

Opening in September

A fun environment, learning through play, story, poetry, art/craft, music, nature, the 5 senses and much more...

For more details please call

Jane 086 822 8995

B.Ed., Queens University Belfast

Beautiful Conservatory Blinds



from
The Blind-Maker.

**PROMOTION
NOW ON!**

**FREE HOME
CONSULTATION**

The Blind-Maker

Visit our Showrooms @:
- Southside Industrial Estate, Togher
(near EZ Living).

Tel: 021 4320111

www.theblindmaker.ie

SHOWROOMS OPEN MONDAY TO SATURDAY



**EAT ME
FOR €20**



Kinsale Good Food Circle

have gone mad!

- for one day only! -

There will be a **Mid-Summers Lobster Madness Sale** on **FRIDAY 21 JUNE** in all GFC restaurants - get a whole lobster for €20 - now that's insane!!!

Contact your Good Food Circle restaurant of choice to make your booking using the original codeword ...wait for it.....Lobster :)

GOOD FOOD CIRCLE RESTAURANTS:

Crackpots	0214772847
Fishy Fishy	021 4700415
The Blue Haven	021 4772209
Jim Edwards	021 4772541
Man Friday	021 4772260
Max's	021 4772443
Pier One	021 4779300
Restaurant d'Antibes	021 4772125
Sidney's Brasserie (Acton's Hotel)	021 4779900
Toddies	021 4777769
White Lady	021 4772737

For further information contact
maria@kinsalerestaurants.com
Phone: 021 477 3571



www.twitter.com/kinsalenews

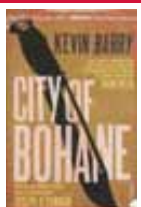


www.facebook.com/KinsaleNews



Kinsale Bookshop

◆ 8 Main Street, Kinsale ◆ Serving Kinsale since 1998 ◆



Impac
Winner
2013

NOW
AVAILABLE
IN STORE

Great selection of books for Father's Day

including Bruce Springsteen's biography, *Inferno* by
Dan Brown & Jeffrey Archer's *Best Kept Secret*.

Huge selection of other fiction and non-fiction.
Holiday season starting. Summer reads list available in shop as
recommended by staff and customers.

Call in and browse our varied selection.

Open 10.00 am – 6.00 pm Monday to Saturday
12.00 noon – 6.00 pm Sunday



Office: 021 4772966
Fax: 021 4773243
Mobile: 087 258 9986
Email: info@kinsaletiles.com
www.kinsaletiles.com
Guardwell, Kinsale, Co. Cork

New Ranges of Carpets & Vinyls





- Over 1 million hits on www.kinsale.ie website in past year.
- Get involved in Local Business Matters.
- Have your say in Local & International media campaigns.
- Be included in official published promotional material.
- Membership from €195.

**Can you afford not
to be involved?**

For application form or enquiries
contact: memberinfo@kinsale.ie



TRIDENT

HOTEL KINSALE



Spectacularly located
on Kinsale's waterfront

Advanced booking recommended
for Father's Day, Sunday 16th June.

*Why don't you call round for a
bite to eat or have a drink and
enjoy the view of Kinsale Harbour*

Award-winning Pier One Restaurant

With something for everyone,
our à La Carte menu will always
keep you coming back for more!

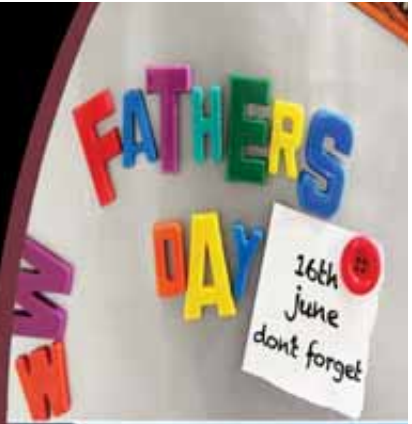
Wharf Tavern

NEW Extensive Bar / Snack menu
available from noon daily
Very popular Carvery served daily
is a lunchtime favourite.

Live Music Saturday: The Long Note



FREE WiFi available to
customers in the Wharf Tavern



World's End, Kinsale, Co. Cork tel +353 (0)21 4779300
info@tridenthotel.com www.tridenthotel.com

Guardwell, Kinsale
Prop. Donna Murphy

THE HOUSE OF HAIR

Well Ladies!
Our Blow Dry Bar is
nearly celebrating
its 1st Birthday!

We are glad to say it will
continue into the near
future. With your support it
has been a great success.

*Also check out our
new colourful front!*

*Look forward to
seeing you over
the Summer!*

STRAIGHT €10 CURLY €15

EVERY MONDAY,
TUESDAY & THURSDAY

CALL: 021 477 2526

OPEN MON: FROM 10am; TUES, WED & FRI: 9am-6pm
THURS: 9am-LATE (BY APPOINTMENT); SAT: 8.30am-5pm



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CARLTON
HOTEL & C SPA
KINSALE

HEALTH & FITNESS BY

C club

more than a gym

*Transform your
Summer!*

3 Month Membership

Only €129

Available until 30th June

CARLTON
HOTEL & C SPA
KINSALE

*Breathtaking, relaxing views
over Oysterhaven Bay*



20M SWIMMING POOL

- ∞ Under Water and Cannon Jet Hydrotherapy Relaxation Area
- ∞ Spa Water Bed
- ∞ Jacuzzi, Sauna, Steam Room



FULLY EQUIPPED GYMNASIUM

- ∞ Cardio, Resistance & Free Weights
- ∞ Smith Machine, Medicine Balls
- ∞ Swiss Balls, Steps, Kettlebells.

Call **021 4706625** or email leisure@hotelkinsale.ie
www.carltonkinsalehotel.com/leisure-club

Membership Options

Corporate Membership available for Businesses & Sports Clubs

MEMBER BENEFITS

- ∞ Personalised Gym Programming
- ∞ 25% Discount on all treatments at Aphrodite Hills by C-Spa
- ∞ 20% Discount on Classes
- ∞ 10% Discount on all Bar Food
- ∞ 20% Discount on all C-Spa Products

Terms & Conditions Apply



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Customise

**Great
Personalised
Presents for
Father's Day**

Mugs From €10
Mousemats €9
Phone covers €15
T-Shirts from €15
**Clocks Printed
with Photo!**
From €15



4 Market Street., Kinsale, Co. Cork - email: com@customshirts.ie

086 3494647

KINSALE AFC

Underage Section
2013 SOCCER BY THE SEA
Summer Soccer Camp

TUES AUG 6TH - FRI AUG 9TH
TUES 9.30AM TO 2.00PM
WED - FRI 10.00AM TO 2.00PM

@ MADDEN PARK

CHECK WWW.KINSALEAFC.NET FOR DETAILS & UPDATES

There are separate sections for Boys & Girls, the sections are tiered by a combination of age and experience. Each section will have a tailored combination of coaches and players.

COST €80
ALL INCLUDED

SECOND / SUBSEQUENT CHILD LESS €10

"EARLY REGISTRATION CRITICAL" NUMBERS ARE LIMITED PLUS
GIFT MUST BE ORDERED

**REGISTRATION FORMS FROM
WRITE ON. YOU CAN ALSO PRINT FORMS
FROM WEBSITE AND ALSO
AVAILABLE FROM COACHES.**



- Coaching by FAI accredited coaches + Kinsale coaches/players.
- Snack & Drink provided daily, gift on Tuesday
- Water, sunblock, shinguards & packed lunch provided by you.



Sidney's

BAR AND BRASSERIE est.1946



This Sunday treat your Dad to lunch in Sidney's Brasserie

Main Course, Dessert & Glass of Wine/Beer
or Soft Drink for only €20 per person

Actons
of Kinsale

For enquiries call 021 477 9900
info@actonshotelkinsale.com
www.actonshotelkinsale.com



www.twitter.com/kinsalenews



www.facebook.com/KinsaleNews



NEW @ KINSALE OEC



SPECIAL OFFER
ONLY €25pp
(MIN GROUP NO 6)
Open 10am til late
Each session 2 1/2 hrs

COASTEERING

is a combination of adventure swimming, exploring gullies & caves. The session will also include some rock scrambling, rock traversing, rock hopping, swimming into caves, wallowing, smiling, laughing, and more laughing.



FOREST ADVENTURE

lots of new exciting activities designed by our very own Bear Grylls - Hut building, Bridge building, Catapult Tree climbing with a difference, Backwoods Cooking - we will even supply the sausages ...



Kinsale OEC, Kinsale Co. Cork. Tel. 021 4772896
email info@kinsaleoutdoors.com www.kinsaleoutdoors.com



FATHER'S DAY GIFT SPECIALS

EXTRA 15% OFF FRI 14TH & SAT 15TH ONLY



FREE ENTRY INTO A DRAW TO WIN A BOSCH CORDLESS DRILL WITH THE PURCHASE OF A FATHERS DAY GIFT.

GIVE YOUR DAD THE GIFT OF CHOICE WITH AN ARRO/BANDON CO OP GIFT VOUCHER

<p>ONLY €249.99</p> <p>PRIMO 420 16" POLYDECK 4.5HP PETROL LAWMOWER</p> 	<p>SAVE €10</p> <p>ONLY €34.99</p> <p>BOSCH ART 26 EASYTRIM</p> 	<p>ONLY €15.99</p> <p>TRUE TEMPER SHOVEL</p> 	<p>SAVE €30</p> <p>ONLY €109.99</p> <p>OAKLAND 2 BURNER GAS BARBECUE WITH SIDE BURNER</p> 
<p>SAVE €20</p> <p>ONLY €49.99</p> <p>K2 SPEED CAMERA WARNING DEVICE</p> 	<p>ONLY €89.99</p> <p>BOSCH CORDLESS DRILL</p> 	<p>SAVE €8</p> <p>ONLY €59.99</p> <p>BOSCH HEDGE CUTTER AHS 45-16</p> 	
<p>ONLY €17.99</p> <p>REMINGTON GROOM HAIR CLIPPER APPRENTICE</p> 	<p>ONLY €49.99</p> <p>REMINGTON GROOM HAIR CLIPPER EXCLUSIVE</p> 	<p>ONLY €99.99</p> <p>MILFISK PRESSURE WASHER + 50L ACCESSORIES</p> 	<p>ONLY €19.99</p> <p>16LTR KNAPSACK SPRAYER</p> 



Bandon Co-op Retail Centre, Farm Lane, Kinsale. Tel: (021) 477 4080 www.bandoncoop.ie
 OPENING HOURS: MONDAY - FRIDAY 8.30AM - 5.30PM. SATURDAY 8.30AM - 4.30PM



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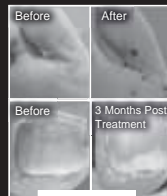
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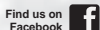
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AUDIOVOX:
Haven Bay Care Centre,
9.30am - 1pm.
BACCHUS NIGHTCLUB:
DJ Garian, 11.30pm.
BLUE HAVEN:
Crazy Chester, 10pm.
CRACKPOTS:
Piano Night
DON & BARRY'S TOURS:
The Tourist Office
9.15am & 11.15am.
FOLKHOUSE:
Live Vibe, 10.30pm.
HAMLETS:
R'n'B Night.
KINSALE BRIDGE CLUB:
Trident Hotel, 10.15am.
KINSALE HARBOUR CRUISE:
Cruise at 2pm, 3pm.
KINSALE MUSEUM:
Open 10.30am -1.30pm.
SPANIARD BAR:
Jug A Punch, 10pm.
TEMPERANCE HALL:
Drum Circle, 7pm.
WHITE HOUSE:
Shane & Friends, 9.30pm.

SAT 15th JUNE

ARMADA BAR:
Free Beer, 9pm
BACCHUS NIGHTCLUB:
DJ Sean, 11.30pm.
BLUE HAVEN:
Sons of Steve McQueen,
10pm.
BULMAN BAR:
Karma Parking, 10.15pm.
DON & BARRY'S TOURS:
The Tourist Office
9.15am & 11.15am.
FOLKHOUSE:
i-Funk, 10.00pm.
HAMLETS:
DJ Night and Cocktail
Party.
KINSALE HARBOUR CRUISE:
Cruise at 2pm, 3pm &
4pm.
KINSALE MUSEUM:
Open 10.30am -1.30pm.
OSCAR MADISONS:
Lions Rugby live at
10.30am.
SILENT BANJO:
3 Piece Suite.

SPANIARD BAR:
For Folk Sake, 10pm.
WHARF TAVERN AT THE TRIDENT HOTEL:
The Long Note, 9.30pm.
WHITE HOUSE:
Puc ar Buile, 10.30pm.

SUN 16th JUNE

ARMADA BAR:
Dan The Man, 9pm
BLUE HAVEN:
Sonnies & friends, 9.30pm.
BULMAN BAR:
Vinnie's TV, 6.15pm.
Club on the Rocks with
Billy Crosbie in the
restaurant from 8pm..
DON & BARRY'S TOURS:
The Tourist Office, 11.15am.
FOLKHOUSE:
King K, 9.00pm.
HAMLETS:
Niall McCabe Band.
KILBRITAIN FAMILY FUN DAY:
At West Cork Secret,
2pm - 6pm.
KINSALE HARBOUR CRUISE:
Cruise at 2pm, 3pm &
4pm.
KINSALE PEACE PROJECT:
Dervla Murphy at the Friary
Centre cancelled.
SPANIARD BAR:
Trilogy, 6pm - 8pm.

MON 17th JUNE

BLUE HAVEN:
Trad Irish music with
Arundo & Irish Dancers,
9.30pm.
DALTONS BAR:
Trad Irish Music & Ballads.
DEADLINE FOR COPY:
Today at midday!
DON & BARRY'S TOURS:
The Tourist Office
9.15am & 11.15am.
KINSALE HARBOUR CRUISE:
Cruise at 2pm, 3pm.
KINSALE TENNIS CAMP:
Starts today for 13-17yrs.
2-5pm.
SPANIARD BAR:
Trad Session, 9.30pm.

TUES 18th JUNE

ARMADA BAR:
Trad Session with
The Merry Stems, 9pm.
BLUE HAVEN:
Sonnies & friends, 9.30pm.
DALTONS BAR:
Trad Irish Music & Ballads.
DON & BARRY'S TOURS:
The Tourist Office
9.15am & 11.15am.
KINSALE ACTIVE RETIRED ASSOCIATION:
Exercise followed by talk
by Liz Creed, 2.30pm in
Temperance Hall.
KINSALE & DOCK ROWING CLUB:
Training, 6.30pm, The Dock.
KINSALE BRIDGE CLUB:
Trident Hotel, 7.30pm.
KINSALE HARBOUR CRUISE:
Cruise at 2pm, 3pm.
QUEST KIDS BIBLE CLUB:
St. Multose Hall,
2.30pm - 4pm.
Call Heather or
Craig 087 417 4201
SHORT FILM SHOWING:
"Questionable Taste" 7pm
- 9pm. Free entry at Glen
Studios behind Old Fire
Station.

WED 19th JUNE

AVEGO:
Info session at The Blue
Haven Hotel, every
Wednesday, 6pm - 8pm.
ARMADA BAR:
Trad Session with The Merry
Stems, 9pm.
BLUE HAVEN:
Niall McCabe Band,
9.30pm.
DON & BARRY'S TOURS:
The Tourist Office
9.15am & 11.15am.
K-CORD:
Info, support & activities
for people with and
affected by memory loss
& dementia at the K-Cord
Centre, 11am.
KINSALE & DOCK ROWING CLUB:
Training, 6.30pm, The Dock.
KINSALE HARBOUR CRUISE:
Cruise at 2pm, 3pm.

KINSALE MUSEUM:
Open Weds to Sat
10.30am -1.30pm.
SPANIARD BAR:
Easy Folk with Joe, 9.30pm.
QUEST KIDS BIBLE CLUB:
St. Multose Hall,
2.30pm - 4pm.
Call Heather or
Craig 087 417 4201
TEMPO CAFE
Temperance Hall, Live
music and refreshments.
Over 15s.

THURS 20th JUNE

BACCHUS NIGHTCLUB:
with DJ Mark, 11.30pm.
BLOOD DONOR CLINIC:
For The IBTS. Actons Hotel,
5pm - 8.30pm.
BLUE HAVEN: 9.30pm
Traditional Irish music with
Arundo & Irish Dancers.
CRACKPOTS:
Piano Night
DALTONS BAR:
Trad Irish Music & Ballads.
DON & BARRY'S TOURS:
The Tourist Office
9.15am & 11.15am.
FOLKHOUSE:
The BlueJays, 9.30pm.
HAMLETS:
King K.
KINSALE & DOCK ROWING CLUB:
Training, 6.30pm, The Dock.
KINSALE CYCLE SCENE:
Meet at Super Valu car
park 7.30pm.
KINSALE HARBOUR CRUISE:
Cruise at 2pm, 3pm.
KINSALE RFC:
Tag Rugby: Contact Kim
on 087 979 3868 or see
www.kinsalerfc.com.
KINSALE TIDY TOWNS:
Weekly Clean Up, meet
at Super Valu car park
7.00pm.
QUEST KIDS BIBLE CLUB:
St. Multose Hall,
2.30pm - 4pm.
Call Heather or
Craig 087 417 4201
WHITE HOUSE:
Shane & Friends, 9pm.





3 REASONS FOR KINSALE TO GET CARPOOLING

€5 Daily Parking in Cork City

We have 100 exclusive Q-Park Carpooling cards to give away, enabling commuters to park for just €5 a day. All you need to do to keep your card is use Avego 5 times a month. Interested? Just email us at qpark@avego.com

Guaranteed Ride Home

While our user base is rapidly expanding, we want to ensure we're 100% reliable for our Kinsale to Cork commuters. That's why for a limited time, we will provide two rides home from Cork City every evening if you need a lift. For more details just visit www.avego.com/grhkinsalead

Come & Say Hi

Avego is really easy to use. To demonstrate this, we will be at the Blue Haven Hotel in Kinsale every Wednesday evening from 6-8pm to answer any questions you may have, or to give you a tutorial on how best to use our amazing service.

Avego allows you to find nearby people travelling in the same direction and organise rideshares (one-off journeys, regular commutes or both). Drivers are compensated for sharing, significantly reducing their costs and riders get a safe, affordable, sociable travel option. For more information, visit us at avego.com, like us on Facebook or follow us on Twitter. Thanks for reading!


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